### **Light Green Course**

- The hill above the Castle was established as a Silure hillfort, Mynydd Y Castell, in the Iron Age. The Silure tribe lived in this area of South Wales, they were at war with the conquering Romans from AD 48 until AD 78 when they were finally defeated. They were famous for their fierce fighting.
- The deer path climbs uphill and onto the pulpit road, you will see the large 'Bro' stone at the pulpit, this was unveiled by Prince Charles for the Prince of Wales Trust.
- As you approach the field area look for the deer that are often seen grazing here.
- Overhead, particularly in the spring and summer, keep your eyes open for a skylark. The Skylark is renowned for its song flight. The male bird rises vertically from the ground high in to the air where it remains stationary for several minutes on fluttering wings before parachuting back down to the ground. All the time it is in the air the bird continuously sings its liquid warbling song.

- As you follow the route keep looking for the famous Margam Park Deer. There are three different species to look for fallow, red and the endangered Pere David.
- The sheltered valley, past the mine shaft, can provide excellent butterfly habitat especially during the Summer months.
- Follow the route across the lowlands and Rhododendron covered area on the seaward side of the main track. Eventually you will reach the 'Go Ape' woodland also called 'home plantation' and return to the start point.



## Margam Country Park

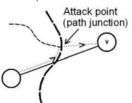
# Light Green Orienteering Course



### Orienteering - Basic Techniques - 4

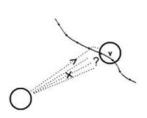
#### a Attack points

These are strong features, often on line features, eg path junctions, path/stream crossing, which are used to 'attack' isolated 'point' features, eg pits and knolls, which can be difficult to locate. Take a bearing from the attack point to the point feature, and also measure the distance and convert that to double paces.



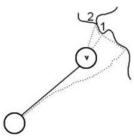
#### b Aiming off

Use when heading for a feature on or near a line feature. It can be quite difficult to stay on a compass bearing; you can veer to left or right. If you deliberately aim, say, to the leftthen when you reach the line feature you know you need to turn right to find your target.

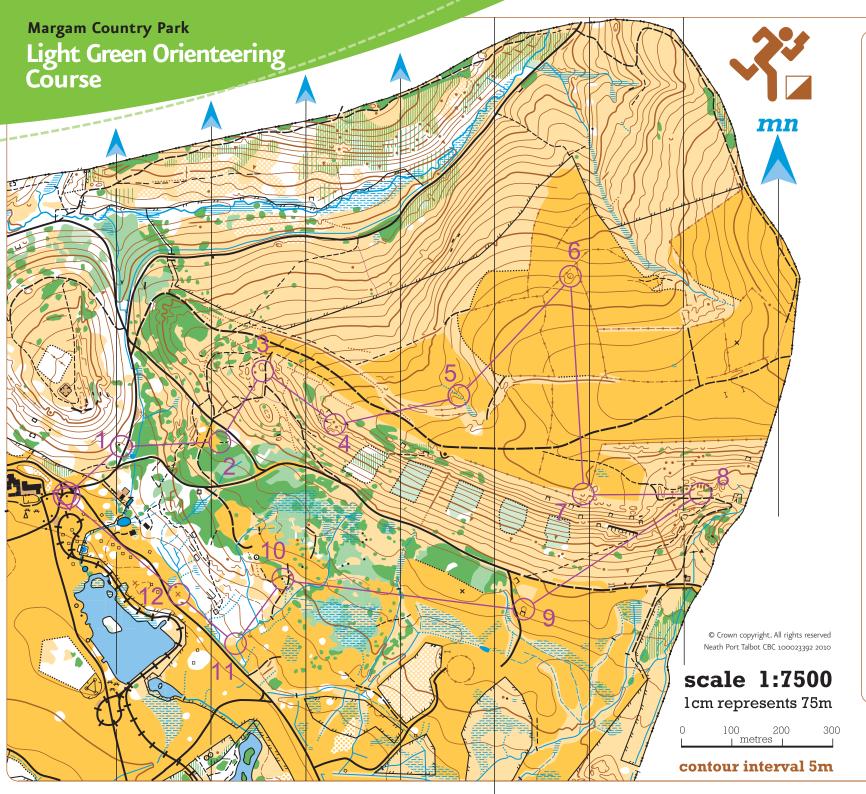


#### c Backstop

This is a feature beyond the control you want. If you come to the backstop you should realize you have missed the control. You may be able to make use of the backstop to find another attack point (1 or 2) from which to approach the control.



WARNING: Near the end of your course you will pass through the 'Go Ape' adventure area. Beware of wire ropes at head and body height, and people sliding\* down them.



# legend

Road

Narrow or unsurfaced road

Vehicle track

Large footpath

Small footpath

Less distinct small footpath

--- High fence

Ruined fence

→ Wall; crossing point

High wall
Earth wall

Small earth wall Earth slope

Earth Conto

Contours with shallow gully

Index contour with gully
Form line with platform

v Pit (dry, wet, steep sided)

Depression: small, large

Large knolls; small knolls

Crossable wide stream

Pond; stream

Footbridge; ditch; narrow marsh

Marsh, seasonal marsh

Fodder rack; horse jump

 ${\bf \Delta} \quad {\bf x} \quad {\bf o} \qquad \text{Sculpture; object; seat}$ 

Enclosed tree, large log
Dangerous cliff

Passable rock face

Building, ruin

Boulder (large, small, cluster)

Stony ground, boulder field

Stony ground, boulder field Distinct vegetation change

Open land

Open land with scattered trees

Rough open land

Rough open land with scattered trees

Woodland: runnable slow run

difficult to run

Impassable vegetation

Undergrowth: slow run

difficult to run

Out of bounds

ПППП

NOTE: Runnability represents conditions in winter and spring. In summer and autumn dense bracken on the rough open areas makes off-path going very difficult.